

SATURDAY, November 4, 2023

# Canada Future Directions in IBD



## Session I: Precision Medicine

- 1.1 Gut Inflammation and Mental Health: The missing link?
- 1.2 Resiliency and Mental Health: A key to success?
- 1.3 Junior Investigator Award: CORE-IBD: *A Multidisciplinary International Consensus Initiative to Develop a Core Outcome Set for IBD RCTs*

1. Identify a question, idea or controversy you would like to answer or address:

2. Identify a stimulus for the above:

3. Define how you will approach the problem (resources or references):

4. Report the learning outcome(s). How will this impact your clinical practice, expertise or current knowledge base?

5. Record the number of hours: \_\_\_\_\_

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## Session II: Mechanisms of Fibrosis

- 2.1 Inflammatory Pathways in Immune-Mediated Diseases: What is downstream?
- 2.2 New Cell Pathways for Understanding IBD
- 2.3 Rising Star Award: *Raising awareness of the complex balance of diet and microbiome in IBD*

1. Identify a question, idea or controversy you would like to answer or address:

2. Identify a stimulus for the above:

3. Define how you will approach the problem (resources or references):

4. Report the learning outcome(s). How will this impact your clinical practice, expertise or current knowledge base?

5. Record the number of hours: \_\_\_\_\_

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## Session III: Workshops – Hot Topics from Bench to Policy

- 3.1 Microbiome: Diet and Resident Bacteria
- 3.2 Antibiotics in IBD – The Good, the bad and the ugly
- 3.3 Paradox of Immunization and IBD
- 3.4 Brain-gut Care in IBD – An integrative approach

1. Identify a question, idea or controversy you would like to answer or address:

2. Identify a stimulus for the above:

3. Define how you will approach the problem (resources or references):

4. Report the learning outcome(s). How will this impact your clinical practice, expertise or current knowledge base?

5. Record the number of hours: \_\_\_\_\_

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## Session IV: Pain Mechanisms

- 4.0 Research Leadership Award
- 4.1 The Microbiome in IBD: What makes the gut abnormally inflamed?
- 4.2 Altering the Microbiota in Clinical Practice: What's worth trying?

1. Identify a question, idea or controversy you would like to answer or address:

2. Identify a stimulus for the above:

3. Define how you will approach the problem (resources or references):

4. Report the learning outcome(s). How will this impact your clinical practice, expertise or current knowledge base?

5. Record the number of hours: \_\_\_\_\_