



The Mountain of Scientific Literature: How Do We Stay on Top?

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OBJECTIVES

- Develop strategies to keep up-to-date on IBD literature
- Understand the use of technology and social media to follow the literature
- Explore methods to organize your time



OUR METHODS: SHOW & TELL

- Pubmed Search



OUR METHODS: SHOW & TELL

- RSS feeds
- RSS readers
 - Feedly (free, or \$8.25/mo)
 - Inoreader (\$10/mo)
 - Vivaldi web browser
 - Chrome extension: RSS Subscription Extension



OUR METHODS: SHOW & TELL

- Twitter lists



OUR METHODS: SHOW & TELL

- Post-conference updates
- Email newsletters
 - Journal eTOCs
 - e-Mentoring in IBD
 - AGA Today in Medicine





TIME ORGANIZATION TIPS AND TRICKS



TIP: DEVELOP A PRODUCTIVITY SYSTEM

Getting Things Done the art of stress-free productivity

from the New York Times bestselling author

David Allen

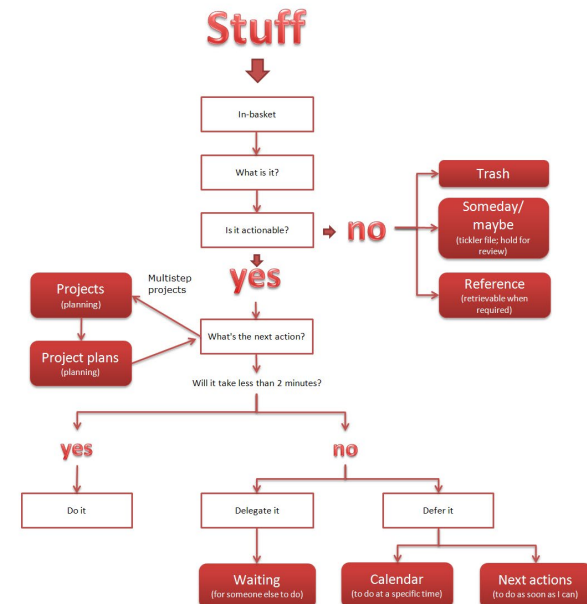


READ BY THE AUTHOR



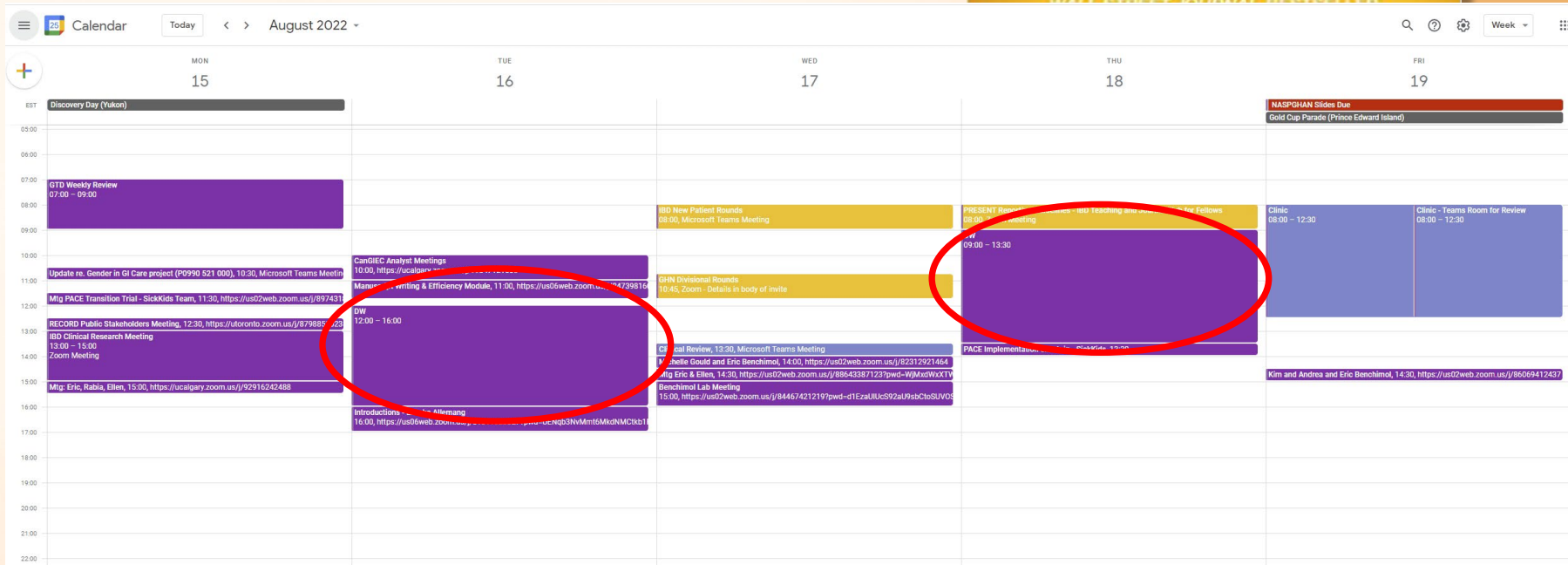
Getting Things Done

David Allen





TIP: BLOCK TIME FOR READING AND PROTECT YOUR TIME



CAL NEWPORT
AUTHOR OF *SO GOOD THEY CAN'T IGNORE YOU*



TIP: TURN OFF NOTIFICATIONS!

- TURN OFF NOTIFICATIONS!
- Phone
- Outlook
- IM
- Focus mode



TIP: DO YOUR HOMEWORK!

- Read!
- Store
- Notetaking – bottom line of the paper
 - Tags, referencing



TIP: Organize your papers

- Citation Manager
 - Endnote
 - Refworks
 - Mendeley
 - Papers
- File system