

**Criteria:**

Please submit a one (1) page (500 word max) essay outlining how you demonstrate academic aspiration and strive to sustain an optimal level of wellness while living with Crohn's disease or colitis, allowing you to excel to reach your personal and academic goals and inspiring others to do the same.

Some questions to consider in your essay:

- Why is education important to you? What are some of your academic aspirations?
- How do you maintain your health while in school? What are some of the challenges?
- What are your personal and academic goals, both long term and short term?
- What has been your community involvement, including your involvement with the IBD community?
- How would receiving this scholarship impact your post-secondary experience? Please be specific.

**Please note, essays that exceed one (1) page (500 words) will not be eligible for consideration.**

**Rating Scale:**

10 = Excellent    9 = Very Good    8 = Good    7 = Above Average    6 = Average  
 5 = Neutral    4 = Satisfactory    3 = Fair    2 = Poor    1 = Extremely Poor

	1	2	3	4	5	6	7	8	9	10
<b>Section 1: Application &amp; Essay Composition</b>										
IBD Community Involvement										
Level of personal achievement										
Degree of empowerment and impact										
Originality and creativity										
Spelling, grammar and ease of read										
<b>Section 2 : Personal Recommendation</b>										
Quality of recommendations										
Creditability of sources										

## Selection Committee Criteria Definitions

### Section 1: Application & Essay Composition

#### IBD Community Involvement:

- Has the applicant participated in IBD related activities and events (online or in person)?
- Has the applicant helped to bring awareness of IBD to their other communities (school, workplace, community)?
- If the applicant has not had involvement with the IBD community, do they demonstrate intention and planning to do so?

#### Level of personal achievement:

- Has the applicant conveyed their goals, both academic and personal?
- Did the applicant have to overcome obstacles and challenges leading up to now?
- Is the applicant satisfied with their accomplishments or did they proceed to set higher goals for themselves?

#### Degree of empowerment and impact on others:

- Does the applicant's actions provide them and others with motivation?
- Has the applicant demonstrated leadership and role-model type qualities?
- Has the application participated in volunteer and community endeavors?

#### Originality and creativity:

- Does the applicant demonstrate qualities that may not fall under other categories?
- Does the essay include a 'wow' factor?

#### Spelling, grammar and ease of read:

- Does the application utilize proper spelling, grammar and sentence structure?
- Does the essay flow in a logical manner?

### Section 2: Personal Recommendation

#### Quality of recommendations:

- How well does the letter of reference highlight the applicant's achievements?
- Does the reference include examples of the applicant's determination, positivity and leadership?

#### Credibility of sources:

- Is the reference a reliable source?
- Does the reference have any personal bias towards the student (parent, friend, etc.)?  
Has the reference known the student for an extended period of time?